

April 2024 MINUTES
Arizona Serenity in the Desert Intergroup

Date|Time 04/20/2024 1:00 PM | Meeting called to order by Pat H: Chair

OPENING:

Meeting held via Zoom, opened with the reading of the preamble (Wendy), standing rules (Mara), concept of the month and the Serenity Prayer (Pat). Pat asked attendees to rename themselves to identify meeting reps, committee chairs and board members in lieu of verbal introductions. Board members in attendance: Chair – Pat H, Recording Secretary – Mindy C.– Mara S, Vice Chair-Dottie D, Rep/Delegate, Alt Rep Delegate: Vacant. Attendance Report: 14 Present, 20 voting members

OFFICER REPORTS:

As posted in Ecares and sent by Pat H via email to ASDI Contacts.

The April agenda was accepted as presented. The March minutes were accepted as presented.

7th Tradition reminder announced by Pat H.

Four new meeting reps, Mara will get packets sent out.

New Business:

- A) Region 3 Assembly Report (Dottie) – Main discussion item was Amendments to By-Laws and Procedures. Dottie volunteered to be on the Ways, Means and Finance Committee. Accomplishments of the assembly:
- 1) Grants to Intergroups to help reps get to assemblies
 - 2) \$2,500 to translate Voices of Recovery into Russian
 - 3) On Line Application to register for Region 3 speaker
 - 4) Intergroups needed to host Region 3 meetings
 - 5) Region 3 donations have dropped off, but Region 3 is still doing okay financially
 - 6) Need to increase Search Engine Optimization (SEO), when searching on specific key words/topics regarding weight and eating disorders OA does not come up.
 - 7) Stressed the importance of Meeting Reps to stress the importance of Inter Group to their meetings.

Pat H. suggested we should consider hosting a Region 3 Assembly. We would need to put together a committee and would need someone to chair. The fall 2024 assembly will be in Abilene, TX.

- B) World Services (WS) Appeals letter. Pat sent this email along with the Inter Group email for April. She also sent it to all meeting reps, that she had contact information for. WS has asked that it be read at regular meetings for three consecutive weeks. Donations are down in part due to literature sales. WS is asking for increased donations.
- C) WS is proposing to drop the word “weight” from the Abstinence Definition. Change from ... a healthy body weight to ... a healthy body.

There was much discussion on this topic. Pros and Cons were heard. At the end an impromptu vote was taken to give Dottie and Wendy an idea on how to proceed at the WS Conference next month. 10 Against the change, 7 for the change

D) Presentation of Budget: Will be discussed in detail at the May meeting. There were limited changes.

- 1) Biggest increase was to PIPO, as this is a new committee that did not have a budget last year.
- 2) Gunnar suggested making sure the meetings were aware of the budget and potential budget shortfall for this year
- 3) Gail said we need to discuss and vote on releasing the money we have set aside for rent increases.
- 4) Discuss with meetings what they feel the distribution of excess funds to WS and Region 3 should be. Typically WS 75% and Region 3 25%; however Region 3 says they are doing okay and WS is asking for donations.

E) PIPO

- 1) OA is hosting a table at the Wellness Expo at the Glendale Civic Center on Saturday May 18th and they are looking for volunteers to help man the table. More specific information regarding location and times will be in E-Cares or you can contact Phyllis at 602-403-6536 or email at pmarable21@yahoo.com.
- 2) Folders have been distributed to Dr's offices and calls are continuing to come in regarding the program.

Announcements:

As presented in the Agenda

Meeting closed by Pat H at 2:10pm.

Next meeting 5/18 at 1:00pm (Pacific Daylight time) via Zoom

****So the times will be: 1pm AZ and PDT (2pm MDT, 3pm CDT, 4pm EDT)