

**Due to an illness, we are rescheduling the
Emotional Recovery Workshop to Saturday, January 28.**

Achieving Emotional Recovery

How/What: *Emotional Recovery Workshop*

Face-to-Face - Interactive

When: Saturday, **January 28,** 2023 – 8:30 to 10:30am

Where: OA Office – 1219 E. Glendale Ave. #23, Phoenix, AZ 85020

What: The workshop will be using the document, “Emotional Sobriety” (a letter written by Bill W. to a close friend) as a springboard to working on the 6 steps to emotional sobriety/abstinence!

If possible, attendees are asked to google the letter, download and read it, and bring it to the workshop. If you can't do that, let Carol H know and she will send you a copy. Also bring writing materials.

Please: Confirm your attendance in order to have an idea of how many copies of the material to print. Leave a message with Carol H.

Text: (602) 292-4346 or Email: hushekjc@cox.net