

Overeaters Anonymous Meeting List

Arizona Serenity in the Desert Intergroup (ASDI) #09601

OA ASDI Website: oaphoenix.org

OA ASDI Phone: (602) 234-11950

OA Office: 1219 E Glendale Ave #23, Phoenix, AZ 85020

Sunday

Virtual

Time: 8:30 AM
City: Phoenix
Topic: Speaker
Zoom: 846 0339 8296
Password: oaunity
Contact: Steve D
 (602) 390-3505;
 Stevedrotman@
 gmail.com
ASDI Rep: Dottie D
Mtg #: 46260

Hybrid

Time: 10:30 AM
City: Phoenix
Topic: Big Book
Location: OA Office
Zoom: 826 9282 6533
Password: oaunity
Contact: Laurie
 (818) 414-8841;
 Lyank08@att.net
ASDI Rep: Tori W
Mtg #: 32418

Virtual

Time: 5:30 PM
City: Scottsdale
Topic: Big Book
Zoom: 8533 089 5657
Password: 164758
Contact: Bonnie P
 (781) 158-1678;
 bonnie@
 magicalheaddress.com
ASDI Rep: Briana T
Mtg #: 89679

Monday

Virtual

Time: 6:30 AM (AJ)
Topic: Step Meeting Step
 of the Month
Zoom: 840 3193 6253
Password: oaunity
Contact: Peter
 (602) 750-2055;
 prjohnsonaz@
 yahoo.com
ASDI Rep: Joan F
Mtg #: 52640

Face to Face

Time: 11:00 AM
City: Cottonwood
Topic: Literature
Location: Mountain View
 United Methodist
 901 S 12th St
Contact: Michelle
 (928) 301- 2986;
 kjdotell@yahoo.com
ASDI Rep: TBD
Mtg #: 57925

Face to Face

Time: 12:00 PM
City: Phoenix
Topic: OA 3rd Ed.
Location: OA Office
Contact: Pat J
 (602) 923-9310;
 Sprjzz3137@q.com
ASDI Rep: Pat W
Mtg #: 36580

Virtual-Phone

Time: 5:30 PM
 (Chandler)
Topic: 90 Day
Zoom: 889 1062 0489
Password: Please call
Phone: (346) 248-7799
Mtg ID:
 88592044388#
Contact: Rebecca
 (480) 318-0299;
 rebecca3w.rw@
 gmail.com
ASDI Rep: Jackie W
Mtg #: 50401

Virtual

Time: 5:30 PM
City: Scottsdale
Topic: Big Book
Zoom: 8533 089 5657
Password: 164758
Contact: Nancy J
 (630) 440-1945;
 naejoerg@gmail.com
ASDI Rep: Patty F
Mtg #: 89679

Virtual

Time: 6:00 PM
City: Phoenix
Topic: Men's Topic Mtg
Zoom: 892 9630 5635
Password: oaunity
Contact: Bob R
 (510) 825-6959;
 Brosa98@comcast.net
ASDI Rep: TBD
Mtg #: 53580

Tuesday

Virtual

Time: 6:30 AM (Phoenix)
Topic: Just for Today/
 Other literature
Zoom: 991 7359 3390
Password: 840020
Contact: Gail H
 (240) 893-3588;
 hallga01@gmail.com
ASDI Rep: Gene B
Mtg #: 800839

Face to Face

Time: 9:45 AM
City: Phoenix
Topic: Newcomer/Big
 Book
Location: OA Office
Contact: Sue G
 (602) 363-0021;
 suegonzales@cox.net
ASDI Rep: TBD
Mtg #: -

Face to Face

Time: 10:00 AM
City: Phoenix
Topic: Topic/Varied
Location: OA Office
Contact: Sue G
 (602) 363-0021;
 suegonzales@cox.net
ASDI Rep: TBD
Mtg #: 36599

Face to Face

Time: 10:00 AM
City: Gilbert
Topic: OA Steps &
 Traditions
Location: Center Church,
 1280 N Cooper
Contact: Lela
 (480) 586-7885;
 l.belnap@cox.net
ASDI Rep: TBD
Mtg #: 48879

Phone

Time: 10:15 AM
City: Gilbert/Show Low
Topic: Steps/Traditions
Phone: (717) 908-1981
Access Code: 435030#
Contact: Kay B
 (480) 247-0857;
 Kaybee1502@
 hotmail.com
ASDI Rep: Kay B
Mtg #: 55658

Meetings are open to all and newcomers are always welcome.

Updated: 9/14/2025

Virtual

Time: 10:30 AM
City: Ahwatukee
Topic: Literature Study
Zoom: 921 2256 8710
Password: 049140
Contact: Cathy
 (303) 396-9190;
 CathyHolley@comcast.net
ASDI Rep: Amina
Mtg #: 89055

Face to Face

Time: 11:00 AM
City: Globe
Topic: Varies
Location: St. John's Episcopal Church
Contact: Dee H
 (602) 402-6566;
 huntsglobe@icloud.com
ASDI Rep: Dee
Mtg #: 36822

Virtual

Time: 12:00 PM
City: Prescott
Topic: Varies
Zoom ID: 830 7349 5310
Password: serenity12
Contact: Jan M
 (928) 710-0255;
 minklerjan@gmail.com
ASDI Rep: Jan M
Mtg #: 800741

Face to Face

Time: 12:00 PM
City: Prescott Valley
Topic: Varies
Location: Trinity Lutheran Church
 3950 N Valorie Dr
Contact: Rick
 (928) 772-0268;
 rbpond107@gmail.com
ASDI Rep: TBD
Mtg #: 57944

Virtual

Time: 1:45 PM
City: Sun City West
Topic: OA 12 + 12 2nd Edition
Zoom: 873 5909 7229
Password: oaunity
Contact: Pat N
 (623) 826-1901;
 patrobnnot@cox.net
ASDI Rep: Diana R
Mtg #: 89863

Virtual

Time: 5:30 PM
City: Scottsdale
Topic: Big Book
Zoom: 8533 089 5657
Password: 164758
Contact: Betty C
 (360) 202-5679;
 Betty.childs@comcast.net
ASDI Rep: Lori T
Mtg #: 89680

Face to Face

Time: 6:00 PM
City: Buckeye
Topic: For Today/ Newcomer Friendly
Location: 21241 W Wilshire Dr
Contact: Laurie Y
 (818) 414-8841;
 Lyank08@att.net
ASDI Rep: TBD
Mtg #: 58081

Hybrid

Time: 5:30 PM
City: Phoenix
Topic: 90 Day
Location: Sunrise United Methodist, 19234 N 7th Ave, Fellowship Hall
Phone: 1-681-999-0228
Pin: 374341#
Contact: Chris H
 (602) 573-6804
 ched12345@aol.com
ASDI Rep: TBD
Mtg #: 56511

Wednesday

Virtual/Phone
Time: 7:00AM (Phoenix)
Topic: 90 Day
Zoom: 398 884 6841
Password: 5T9f1C
Phone: (346) 248-7799
Mtg ID: 398 884 6841#
Pin: 875421#
Contact: Chris H
 (602) 573-6804
 ched12345@aol.com
ASDI Rep: TBD
Mtg #: 800623

Face to Face

Time: 10:30 AM
City: Avondale
Topic: Varies
Location: West Valley Fellowship
 919 N Dysart Rd
Contact: Jeri
 (805) 714-3742
 Jeriinrecovery@gmail.com
ASDI Rep: TBD
Mtg #: 57564

Face to Face

Time: 12:00 PM
City: Phoenix
Topic: Literature Study
Location: OA Office
Contact: Gail
 (240) 893-3588
 Hallga01@gmail.com
ASDI Rep: BJ
Mtg #: 35600

Virtual

Time: 5:30 PM
City: Scottsdale
Topic: Big Book
Zoom: 8533 089 5657
Password: 164758
Contact: Nancy J
 (630) 440-1945
 naejoerg@gmail.com
ASDI Rep: Nancy R
Mtg #: 89681

Face to Face

Time: 5:45 PM
City: Scottsdale
Topic: Big Book
Location: N Scottsdale Fellowship
 10427 N Scottsdale Rd, Room 2
Contact: Kim F
 (602) 684- 9941
 kimberlieann@cox.net
ASDI Rep: Russ
Mtg #: 47271

Virtual

Time: 6:00 PM
City: Chandler
Topic: Varies
Zoom ID: 332 364 608
Password: Call for password
Contact: Debbie
 (480) 313-6142
 debbie_d52@hotmail.com
ASDI Rep: TBD
Mtg #: 800803

Thursday**Virtual**

Time: 6:30 AM
City: Phoenix
Topic: Just for Today
Zoom: 991 7359 3390
Password: 840020
Contact: Beth Y
 (619) 772-1367
 bethyakel2@gmail.com
ASDI Rep: Gene B
Mtg #: 800840

Face to Face

Time: 10:00 AM
City: Sedona
Topic: Step Study
Location: Sedona Unity Church
 100 Northview Ave
Contact: Michelle J
 (928) 301-2986
 michellejurisin@gmail.com
ASDI Rep: Eileen J
Mtg #: 53862

Face to Face

Time: 5:30 PM
City: Mesa
Topic: Varies
Location: Love of Christ Church, 1525 N Power Rd Rm 12 (SE Corner)
Contact: Deanne
 (480) 313-2578
ASDI Rep: Gunnar W
Mtg #: 47175

Virtual

Time: 5:30 PM
City: Scottsdale
Topic: Big Book
Zoom ID: 8533 089 5657
Password: 164758
Contact: Bonnie P
 (781) 158-1678; bonnie@magicalheaddress.com
ASDI Rep: TBD
Mtg #: 89682

Face to Face

Time: 6:00 PM
City: Sun City
Topic: Varies
Location: Home Is Where Heart Is Unity Spiritual Ctr, 10101 W Coggins
Contact: Polly C
 (602) 339-0819
 pollycorsino@yahoo.com
ASDI Rep: Angeli
Mtg #: 54551

Face to Face

Time: 7:00 PM
City: Kingman
Topic: 12+12 Big Book
Location: Kingman Medical Center,
 Ocotillo Rm
Contact: Geri P
 (702) 378-7197
 pawpackage@aol.com
ASDI Rep: TBD
Mtg #: 57467

Friday**Virtual/ Phone**

Time: 7:00AM (Glendale)
Topic: 90 Day
Zoom: 886 7100 8856
Password: 991102
Phone: (669) 900-9128
Mtg ID: 88671008856#
Pin: 991102#
Contact: Karen F
 (602) 690- 8440
 kmfranklin@cox.net
ASDI Rep: TBD
Mtg #: 800713

👤 Face to Face

Time: 10:00 AM
City: Prescott
Topic: Varies
Location: Prescott
 United Methodist Church
 505 W Gurley
Contact: Rick P
 (928) 772-0268
 rbpond107@gmail.com
ASDI Rep: TBD
Mtg #: 58316

💻 Virtual

Time: 10:00 AM
Topic: Big Book
Zoom ID: 865 3844 3924
Password: oaunity
Contact: Wendy A
 (602) 391-0883
ASDI Rep: Sheila
Mtg #: 25835

💻 Virtual

Time: 5:30 PM (Scottsdale)
Topic: Leader's choice
Zoom: 8533 089 5657
Password: 164758
Contact: Cathy M
 (478) 279-3808
 ccmorris3131@gmail.com
ASDI Rep: TBD
Mtg #: 800306

👤 Face to Face

Time: 6:00 PM
City: Phoenix
Topic: Big Book
Location: OA Office
Contact: Phyllis M
 (602) 403-6536
 pmarable21@yahoo.com
ASDI Rep: Pat W
Mtg #: 57549

Saturday**💻 Virtual (Recorded)**

Time: 7:30 AM
City: Scottsdale
Topic: Big Book (Harlan G)
Zoom: 8533 089 5657
Password: 164758
Contact: Cathy M
 (478) 279-3808;
 ccmorris3131@gmail.com
ASDI Rep/Mtg #:
 TBD/Mtg #: 88992

💻/📞 Virtual/Phone

Time: 8 AM (Chandler)
Topic: 90 Day
Zoom ID: 882 0820 3545
Password: Please call
Phone: (356) 248-7799#
Contact: Rebecca
 (480) 318-0299;
 rebecca3w.rw@gmail.com
ASDI Rep: TBD
Mtg #: 51442

👤 Face to Face

Time: 8:00 AM
City: Casa Grande
Topic: Steps/Traditions
Location: 702 E
 Cottonwood Ln #9
Contact: Jan C
 (303) 810-6559;
 janetcchavez@icloud.com
ASDI Rep: Keith A
Mtg #: 47447

💻 Hybrid

Time: 8:30AM (Mesa)
Topic: Literature Study
Location: St. Matthew's,
 2540 W Baseline Rd
Zoom: 896 0108 3132
Password: OAforever
Contact: Debbie
 (480) 313-6142;
 Debbie_d52@hotmail.com
ASDI Rep: Allison C
Mtg #: 19597

👤 Face to Face

Time: 9:00 AM
City: Scottsdale
Topic: Steps
Location: N Scottsdale
 Fellowship Club
Contact: Angela
 (503) 734-9035;
 confidence18@gmail.com
ASDI Rep: Del S
Mtg #: 34077

💻 Hybrid

Time: 9:15 AM
City: Tempe
Topic: Traditions
 Writing, Literature
Location: 10427 N
 Scottsdale Rd, Rm 2
Zoom ID: 854 0818 5268
Password: oaunity
Contact: Betsy
 (623) 203-9066
ASDI Rep: Jen M
Mtg #: 21510

👤 Face to Face

Time: 10:30 AM
City: Phoenix
Topic: Newcomers
 (30 minutes)
Location: OA Office
Contact: Amanda L
 (602) 689-4933
ASDI Rep: TBD
Mtg #: 54839

💻 Hybrid

Time: 11:00 AM
City: Phoenix
Topic: Topic
Location: OA Office
Zoom: 896 1076 4699
Password: oaunity
Contact: Amanda L
 (602) 689-4933
ASDI Rep: Melissa S
Mtg #: 32166

👤 Face to Face

Time: 3:30 PM
City: Avondale
Topic: Varies
Location: West Valley
 Fellowship, 919 N Dysart
 Rd, Suite W (SW Corner)
Contact: Camille K
 (714) 815-4826
ASDI Rep: TBD
Mtg #: 58501

TO MAKE CHANGES to the OA ASDI meeting list, contact Melissa S at strange.kubu@gmail.com or (480) 677-0072.

Note: Updates to the calendar occur monthly and the cutoff date for requesting changes is the 15th of the month. Each OA meeting takes RESPONSIBILITY for updating the OA World Service meeting list, which can be done on the OA website (www.oa.org).