















Overeaters Anonymous Meeting List

Arizona Serenity in the Desert Intergroup (ASDI) #09601

OA ASDI Website: oa phoenix.org

OA ASDI Phone: (602) 234-11950

OA PHOENIX OFFICE CLOSED: As of 02/27/2026, the OA Phoenix office at 1219 E. Glendale Ave #23, Phoenix, AZ 85020 closed. The new locations for the meetings that were previously held at the OA office are shown in red text.

<p>Sunday</p> <p> Virtual</p> <p>Time: 8:30 AM City: Phoenix Topic: Speaker Zoom: 846 0339 8296 Password: oaunity Contact: Steve D (602) 390-3505; Stevedrotman@gmail.com ASDI Rep: Dottie D Mtg #: 46260</p>	<p> Hybrid</p> <p>Time: 10:30 AM City: Phoenix Topic: Big Book Location: Freedom Hall 2720 E Thomas Rd (C-160) Zoom: 826 9282 6533 Password: oaunity Contact: Laurie (818) 414-8841; Lyank08@att.net ASDI Rep: George Y Mtg #: 32418</p>	<p> Hybrid (NEW Meeting)</p> <p>Time: 2:00 PM (1st meeting on 3/1/2026) City: Phoenix Topic: Big Book (Speaker - Last Sunday of month) Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E. Shea Blvd Zoom: 889 3928 6388 Password: oaunity Contact: Rosie (602) 369-8444; rosie.oldham64@gmail.com ASDI Rep: TBD Mtg #: TBD</p>	<p> Virtual</p> <p>Time: 6:30 PM City: Scottsdale Topic: Big Book Zoom: 853 3089 5657 Password: 164758 Contact: Bonnie P (781) 158-1678; bonnie@magicalheadaddress.com ASDI Rep: Bonnie P Mtg #: 89679</p>	<p> Face to Face</p> <p>Time: 6:00 PM City: Sun City Topic: 90 Day Location: Gardens of Sun City Asst. Living 17225 N Boswell Blvd Contact: Sue S (623) 204-7076; sophia081013@gmail.com ASDI Rep: TBD Mtg #: 802022</p>	<p>Monday</p> <p> Virtual</p> <p>Time: 6:30 AM (AJ) Topic: Step Meeting Step of the Month Zoom: 840 3193 6253 Password: oaunity Contact: Peter (602) 750-2055; prjohnsonaz@yahoo.com ASDI Rep: Joan F Mtg #: 52640</p>	<p> Face to Face</p> <p>Time: 11:00 AM City: Cottonwood Topic: Literature Location: Mountain View United Methodist 901 S 12th St Contact: Michelle (928) 301- 2986; kjdotell@yahoo.com ASDI Rep: TBD Mtg #: 57925</p>
<p> Face to Face</p> <p>Time: 12:00 PM City: Phoenix Topic: OA 3rd Ed. Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Contact: Pat J (602) 923-8310; Sprjzz3137@q.com ASDI Rep: Pat J Mtg #: 36580</p>	<p> Virtual-Phone</p> <p>Time: 5:30 PM (Chandler) Topic: 90 Day Zoom: 889 1062 0489 Password: Please call Phone: (346) 248-7799 Mtg ID: 88592044388# Contact: Rebecca (480) 318-0299; rebecca3w.rw@gmail.com ASDI Rep: Jackie W Mtg #: 50401</p>	<p> Virtual</p> <p>Time: 6:30 PM City: Scottsdale Topic: Big Book Zoom: 853 3089 5657 Password: 164758 Contact: Nancy J (630) 440-1945; naejoerg@gmail.com ASDI Rep: Bonnie P Mtg #: 89679</p>	<p> Virtual</p> <p>Time: 6:00 PM City: Phoenix Topic: Men's Topic Mtg Zoom: 892 9630 5635 Password: oaunity Contact: Bob R (510) 825-6959; Brosa98@comcast.net ASDI Rep: TBD Mtg #: 53580</p>	<p>Tuesday</p> <p> Virtual</p> <p>Time: 6:30 AM (Phoenix) Topic: Just for Today/ Other literature Zoom: 948 8457 7798 Password: 425921 Contact: Gail H (240) 893-3588; hallga01@gmail.com ASDI Rep: Gene B Mtg #: 800839</p>	<p> Face to Face</p> <p>Time: 9:45 AM City: Phoenix Topic: Newcomer/Big Book Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Contact: Sue G (602) 363-0021; suegonzales@cox.net ASDI Rep: TBD Mtg #: -</p>	<p> Face to Face</p> <p>Time: 10:00 AM City: Phoenix Topic: OA 12 x 12 Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Contact: Sue G (602) 363-0021; suegonzales@cox.net ASDI Rep: TBD Mtg #: 36599</p>

Meetings are open to all and newcomers are always welcome.

Updated: 03/19/2026

<p>☎ Face to Face Time: 10:00 AM City: Gilbert Topic: OA Steps & Traditions Location: Center Church, 1280 N Cooper Contact: Lela (480) 586-7885; l.belnap@cox.net ASDI Rep: TBD Mtg #: 48879</p>	<p>☎ Phone Time: 10:15 AM City: Gilbert/Show Low Topic: Steps/Traditions Phone: (717) 908-1981 Access Code: 435030# Contact: Kay B (480) 247-0857; Kaybee1502@hotmail.com ASDI Rep: Kay B Mtg #: 55658</p>	<p>☎ Virtual Time: 10:30 AM City: Ahwatukee Topic: Literature Study Zoom: 921 2256 8710 Password: 049140 Contact: Cathy (303) 396-9190; CathyHolley@comcast.net ASDI Rep: Amina Mtg #: 89055</p>	<p>☎ Face to Face Time: 11:00 AM City: Globe Topic: Varies Location: St. John's Episcopal Church Contact: Dee H (602) 402-6566; huntsglobe@icloud.com ASDI Rep: Dee Mtg #: 36822</p>	<p>☎ Virtual Time: 12:00 PM City: Prescott Topic: Varies Zoom ID: 928 533 1234 Password: Oarecovery Contact: Jan M (928) 710-0255; minklerjan@gmail.com ASDI Rep: Jan M Mtg #: 800741</p>	<p>☎ Face to Face Time: 12:00 PM City: Prescott Valley Topic: Varies Location: Trinity Lutheran Church 3950 N Valorie Dr Contact: Rick (928) 772-0268; rbpond107@gmail.com ASDI Rep: TBD Mtg #: 57944</p>	<p>☎ Virtual Time: 1:45 PM City: Sun City West Topic: OA 12 x 12 2nd Edition Zoom: 873 5909 7229 Password: oaunity Contact: Pat N (623) 826-1901; patrobnnot@cox.net ASDI Rep: Diana R Mtg #: 89863</p>
<p>☎ Face to Face Time: 6:00 PM City: Buckeye Topic: Podcast-Speaker (Newcomer Friendly) Location: 21241 W Wilshire Dr Contact: Laurie Y (818) 414-8841; Lyank08@att.net ASDI Rep: Laurie Y Mtg #: 58081</p>	<p>☎ Virtual Time: 6:30 PM City: Scottsdale Topic: Big Book Zoom: 853 3089 5657 Password: 164758 Contact: Betty C (360) 202-5679; Betty.childs@comcast.net ASDI Rep: Yvonne Mtg #: 89680</p>	<p>☎ Hybrid Time: 5:30 PM City: Phoenix Topic: 90 Day Location: Sunrise United Methodist, 19234 N 7th Ave, Fellowship Hall Phone: 1-681-999-0228 Pin: 374341# Contact: Chris H (602) 573-6804 ched12345@aol.com ASDI Rep: TBD Mtg #: 56511</p>	<p>Wednesday ☎ Virtual/Phone Time: 7:00AM (Phoenix) Topic: 90 Day Zoom: 398 884 6841 Password: 5T9f1C Phone: (346) 248-7799 Mtg ID: 398 884 6841# Pin: 875421# Contact: Chris H (602) 573-6804 ched12345@aol.com ASDI Rep: TBD Mtg #: 800623</p>	<p>☎ Face to Face Time: 10:30 AM City: Avondale Topic: Varies Location: West Valley Fellowship 919 N Dysart Rd Contact: Jeri (805) 714-3742 Jeriinrecovery@gmail.com ASDI Rep: Jeri Mtg #: 57564</p>	<p>☎ Face to Face Time: 12:00 PM City: Phoenix Topic: Literature Study Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Contact: Gail (240) 893-3588 Hallga01@gmail.com ASDI Rep: BJ Mtg #: 35600</p>	<p>☎ Virtual Time: 6:30 PM City: Scottsdale Topic: Big Book ZOOM: 853 3089 5657 Password: 164758 Contact: Nancy J (630) 440-1945 naejoerg@gmail.com ASDI Rep: Yvonne Mtg #: 89681</p>
<p>☎ Face to Face Time: 5:45 PM City: Scottsdale Topic: Big Book Location: N Scottsdale Fellowship 10427 N Scottsdale Rd, Room 2 Contact: Kim F (602) 684- 9941 kimberlieann@cox.net ASDI Rep: Yvonne Mtg #: 47271</p>	<p>☎ Virtual Time: 6:00 PM City: Chandler Topic: Varies Zoom ID: 332 364 608 Password: Call for password Contact: Debbie (480) 313-6142 debbie_d52@hotmail.com ASDI Rep: TBD Mtg #: 800803</p>	<p>Thursday ☎ Virtual Time: 6:30 AM City: Phoenix Topic: Just for Today Zoom: 948 8457 7798 Password: 425921 Contact: Beth Y (619) 772-1367 bethyakel2@gmail.com ASDI Rep: Gene B Mtg #: 800840</p>	<p>☎ Face to Face Time: 10:00 AM City: Sedona Topic: Step Study Location: Sedona Unity Church 100 Northview Ave Contact: Michelle J (928) 301-2986 michellejurisin@gmail.com ASDI Rep: Eileen J Mtg #: 53862</p>	<p>☎ Face to Face Time: 3:00 PM City: Scottsdale Topic: Newcomer Location: Osborn Health & Rehabilitation 3333 N Civic Center Plaza Contact: Jill (520) 612-8444 ASDI Rep: TBD Mtg #: 802001</p>	<p>☎ Face to Face Time: 5:30 PM City: Mesa Topic: Varies Location: Love of Christ Church, 1525 N Power Rd Rm 12 (SE Corner) Contact: Deanne (480) 313-2578 ASDI Rep: Gunnar W Mtg #: 47175</p>	<p>☎ Virtual Time: 6:30 PM City: Scottsdale Topic: Big Book Zoom ID: 853 3089 5657 Password: 164758 Contact: Bonnie P (781) 158-1678; bonnie@magicalheaddress.com ASDI Rep: Bonnie P Mtg #: 89682</p>

<p>☎ Face to Face Time: 6:00 PM City: Sun City Topic: Varies Location: Unity Spiritual Ctr, 10101 W Coggins Dr. Contact: Jessie (760) 885-2658 ASDI Rep: Sarah N Mtg #: 54551</p>	<p>☎ Face to Face Time: 7:00 PM City: Kingman Topic: 12+12 Big Book Location: Kingman Medical Center, Ocotillo Rm Contact: Geri P (702) 378-7197 pawpackage@aol.com ASDI Rep: TBD Mtg #: 57467</p>	<p>Friday ☎ / 📱 Virtual/ Phone Time: 7:00AM (Glendale) Topic: 90 Day Zoom: 886 7100 8856 Password: 991102 Phone: (669) 900-9128 Mtg ID: 88671008856# Pin: 991102# Contact: Karen F (602) 690- 8440 kmfranklin@cox.net ASDI Rep: TBD Mtg #: 800713</p>	<p>☎ Face to Face Time: 10:00 AM City: Prescott Topic: Varies Location: Trinity Presbyterian Church 630 Park Ave Contact: Rick P (928) 772-0268 rbpond107@gmail.com ASDI Rep: TBD Mtg #: 58316</p>	<p>☎ Hybrid Time: 10:00 AM City: Phoenix Topic: AA Big Book/Speaker (4th Friday) Location: Freedom Hall 2720 E Thomas Rd (C-160) Zoom ID: 865 3844 3924 Password: oaunity Contact: Karen S kjdotell@yahoo.com ASDI Rep: TBD Mtg #: 25835</p>	<p>☎ Virtual Time: 6:30 PM (Scottsdale) Topic: Leader's choice Zoom: 853 3089 5657 Password: 164758 Contact: Cathy M (478) 279-3808 ccmorris3131@gmail.com ASDI Rep: Yvonne Mtg #: 800306</p>	<p>Saturday ☎ Virtual (Recorded) Time: 8:30 AM City: Scottsdale Topic: Big Book (Harlan G) Zoom: 853 3089 5657 Password: 164758 Contact: Cathy M (478) 279-3808; ccmorris3131@gmail.com ASDI Rep: Bonnie P Mtg #: 88992</p>
<p>☎ / 📱 Virtual/Phone Time: 8 AM (Chandler) Topic: 90 Day Zoom ID: 822 0820 3545 Password: Please call Phone: (356) 248-7799# Contact: Rebecca (480) 318-0299; rebecca3w.rw@gmail.com ASDI Rep: Rebecca Mtg #: 51442</p>	<p>☎ Face to Face Time: 8:00 AM City: Casa Grande Topic: Steps/Traditions Location: 702 E Cottonwood Ln #9 Contact: Jan C (303) 810-6559; janetcchavez@icloud.com ASDI Rep: Keith A Mtg #: 47447</p>	<p>☎ Hybrid Time: 8:30AM (Mesa) Topic: Literature Study Location: St. Matthew's, 2540 W Baseline Rd Zoom: 896 0108 3132 Password: OAforever Contact: Debbie (480) 313-6142; Debbie_d52@hotmail.com ASDI Rep: Allison C Mtg #: 19597</p>	<p>☎ Face to Face Time: 9:00 AM City: Scottsdale Topic: Steps/Traditions Location: N Scottsdale Fellowship Club, Rm 2 Contact: Angela (503) 734-9035; confidence18@gmail.com ASDI Rep: Greg Mtg #: 34077</p>	<p>☎ Virtual Time: 9:15 AM City: Tempe Topic: Writing, Literature Zoom: 854 0818 5268 Password: oaunity Contact: Betsy (623) 203-9066 ASDI Rep: Jen M Mtg #: 21510</p>	<p>☎ Face to Face Time: 10:30 AM City: Phoenix Topic: Newcomers (30 minutes) Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Zoom: 896 1076 4699 Password: oaunity Contact: Amanda L (602) 689-4933 ASDI Rep: TBD Mtg #: 54839</p>	<p>☎ Hybrid Time: 11:00 AM City: Phoenix Topic: Topic Location: Emmanuel Presbyterian Church, Zehr Youth Bldg 3839 E Shea Blvd Zoom: 896 1076 4699 Password: oaunity Contact: Amanda L (602) 689-4933 ASDI Rep: TBD Mtg #: 32166</p>
<p>TO MAKE CHANGES to the OA ASDI meeting list, contact Melissa S: strange.kubu@gmail.com; (480) 677-0072.</p> <p>Note: Updates to the calendar occur monthly and the cutoff date for requesting changes is the 15th of the month. Each OA meeting takes RESPONSIBILITY for updating the OA World Service meeting list, which can be done on the OA website (www.oa.org)</p>						