

# Overeaters Anonymous Meeting List

Arizona Serenity in the Desert Intergroup (ASDI) #09601

OA ASDI Website: [oaphoenix.org](http://oaphoenix.org)

OA ASDI Phone: (602) 234-1195

\* **OA PHOENIX OFFICE CLOSED:** As of 2/27/2026, the OA Phoenix office at 1219 E. Glendale Ave #23, Phoenix, AZ 85020 closed. The new locations for the meetings that were previously held at the OA office are shown in red text.

**TO MAKE CHANGES to the OA ASDI meeting list, contact Melissa S:**  
[strange.kubu@gmail.com](mailto:strange.kubu@gmail.com) or (480) 677-0072. **Note:** Updates to the calendar occur monthly and the cutoff date for requesting changes is the 15th of the month. Each OA meeting takes RESPONSIBILITY for updating the OA World Service meeting list, which can be done on the OA website ([www.oa.org](http://www.oa.org)).

Meetings are open to all and newcomers are always welcome.

## Sunday

### Virtual

**Time:** 8:30 AM    **City:** Phoenix  
**Topic:** Speaker  
**Zoom ID:** 846 0339 8296  
**Password:** oaunity  
**Contact:** Steve D (602) 390-3505;  
[Stevedrotman@gmail.com](mailto:Stevedrotman@gmail.com)  
**ASDI Rep/Mtg #:** Dottie D/46260

### Virtual

**Time:** 6:30 PM    **City:** Scottsdale  
**Topic:** Big Book  
**Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Bonnie P (781) 158-1678;  
[bonnie@magicalheaddress.com](mailto:bonnie@magicalheaddress.com)  
**ASDI Rep/Mtg #:** Bonnie P/89679

### Hybrid

**Time:** 10:30 AM    **City:** Phoenix  
**Topic:** Big Book  
**Location:** **Freedom Hall**  
**2720 E Thomas Rd (C-160)**  
**Zoom ID:** 826 9282 6533  
**Password:** oaunity  
**Contact:** Laurie (818) 414-8841;  
[Lyank08@att.net](mailto:Lyank08@att.net)  
**ASDI Rep/Mtg #:** George Y/32418

### Face to Face

**Time:** 6:00 PM    **City:** Sun City  
**Topic:** 90 Day  
**Location:** Gardens of Sun City Asst.  
Living, 17225 N Boswell Blvd  
**Contact:** Sue S (623) 204-7076;  
[sophia081013@gmail.com](mailto:sophia081013@gmail.com)  
**ASDI Rep/Mtg #:** TBD/802022

 **Hybrid (NEW)**

**Time:** 2:00 PM (1st meeting on 3/1/2026)      **City:** Phoenix  
**Topic:** Big Book (Speaker - Last Sunday of month)  
**Location:** Emmanuel Presbyterian Church – Zehr Youth Bldg, 3839 E Shea Blvd  
**Zoom:** 889 3928 6388  
**Password:** oaunity  
**Contact:** Rosie (602) 369-8444; rosie.oldham64@gmail.com  
**ASDI Rep:** TBD, **Mtg #:** TBD

## Monday

 **Virtual**

**Time:** 6:30 AM      **City:** Apache Junction  
**Topic:** Step Meeting Step of the Month  
**Zoom ID:** 840 3193 6253  
**Password:** oaunity  
**Contact:** Peter (602) 750-2055;  
prjohnsonaz@yahoo.com  
**ASDI Rep/Mtg #:** Joan F/52640

 **Face to Face**

**Time:** 12:00 PM      **City:** Phoenix  
**Topic:** OA 3rd Ed.  
**Location:** **Emmanuel Presbyterian Church – Zehr Youth Bldg  
3839 E Shea Blvd**  
**Contact:** Pat J (602) 923-8310;  
Sprjzz3137@q.com  
**ASDI Rep/Mtg #:** Pat J/36580

 **Virtual**

**Time:** 6:30 PM      **City:** Scottsdale  
**Topic:** Big Book  
**Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Nancy J (630) 440-1945;  
naejoerg@gmail.com  
**ASDI Rep/Mtg #:** Bonnie P/89679

 **Face to Face**

**Time:** 11:00 AM      **City:** Cottonwood  
**Topic:** Literature  
**Location:** Mountain View United  
Methodist Church  
901 S 12th St  
**Contact:** Michelle (928) 301- 2986;  
kjdotell@yahoo.com  
**ASDI Rep/Mtg #:** TBD/57925

 **Virtual & Phone**

**Time:** 5:30 PM      **City:** Chandler  
**Topic:** 90 Day **Zoom ID:** 889 1062 0489  
**Passcode:** Please call for passcode  
**Phone:** (346) 248-7799  
**Meeting ID:** 88592044388#  
**Contact:** Rebecca (480) 318-0299;  
rebecca3w.rw@gmail.com  
**ASDI Rep/Mtg #:** Jackie W/50401

 **Virtual**

**Time:** 6:00 PM      **City:** Phoenix  
**Topic:** Men's Meeting Topic  
**Zoom ID:** 892 9630 5635  
**Password:** oaunity  
**Contact:** Bob R (510) 825-6959;  
Brosa98@comcast.net  
**ASDI Rep/Mtg #:** TBD/53580

# Tuesday

## Virtual

**Time:** 6:30 AM    **City:** Phoenix  
**Topic:** Just for Today/ Other literature  
**Zoom ID:** 948 8457 7798  
**Password:** 425921  
**Contact:** Gail H (240) 893-3588;  
hallga01@gmail.com  
**ASDI Rep/Mtg #:** Gene B/800839

## Face to Face

**Time:** 10:00 AM    **City:** Phoenix  
**Topic:** OA 12 & 12  
**Location:** **Emmanuel Presbyterian Church – Zehr Youth Bldg**  
**3839 E Shea Blvd**  
**Contact:** Sue G (602) 363-0021;  
suegonzales@cox.net  
**ASDI Rep/Mtg #:** TBD/36599

## Phone

**Time:** 10:15 AM    **City:** Gilbert/Show Low  
**Topic:** Steps/ Traditions  
**Phone:** (717) 908-1981  
**Access Code:** 435030#  
**Contact:** Kay B (480) 247-0857;  
Kaybee1502@hotmail.com  
**ASDI Rep/Mtg #:** Kay B/55658

## Face to Face

**Time:** 11:00 AM    **City:** Globe  
**Topic:** Varies  
**Location:** St. John's Episcopal Church  
**Contact:** Dee H (602) 402-6566;  
huntsglobe@icloud.com  
**ASDI Rep/Mtg #:** Dee/36822

## Face to Face

**Time:** 9:45 AM    **City:** Phoenix  
**Topic:** Newcomers Big Book  
**Location:** **Emmanuel Presbyterian Church – Zehr Youth Bldg**  
**3839 E Shea Blvd**  
**Contact:** Sue G (602) 363-0021;  
suegonzales@cox.net  
**ASDI Rep/Mtg #:** -/-

## Face to Face

**Time:** 10:00 AM    **City:** Gilbert  
**Topic:** OA Steps & Traditions  
**Location:** Center Church, 1280 N  
Cooper  
**Contact:** Lela (480) 586-7885;  
l.belnap@cox.net  
**ASDI Rep/Mtg #:** TBD/48879

## Virtual

**Time:** 10:30 AM    **City:** Ahwatukee  
**Topic:** Literature Study  
**Zoom ID:** 921 2256 8710  
**Password:** 049140  
**Contact:** Cathy (303) 396-9190;  
CathyHolley@comcast.net  
**ASDI Rep/Mtg #:** Amina/89055

## Virtual

**Time:** 12:00 PM    **City:** Prescott  
**Topic:** Varies  
**Zoom ID:** 928 533 1234  
**Password:** Oarecovery  
**Contact:** Jan M (928) 710-0255;  
minklerjan@gmail.com  
**ASDI Rep/Mtg #:** Jan M/800741

 **Face to Face**

**Time:** 12:00 PM    **City:** Prescott Valley  
**Topic:** Varies  
**Location:** Trinity Lutheran Church  
3950 N Valorie Dr  
**Contact:** Rick (928) 772-0268;  
rbpond107@gmail.com  
**ASDI Rep/Mtg #:** TBD/57944

 **Hybrid**

**Time:** 5:30 PM    **City:** Phoenix  
**Topic:** 90 Day  
**Location:** Sunrise United Methodist  
19234 N 7th Ave, Fellowship Hall  
**Phone:** 1-681-999-0228  
**Pin:** 374341#  
**Contact:** Chris H (602) 573-6804;  
ched12345@aol.com  
**ASDI Rep/Mtg #:** TBD/56511

 **Virtual**

**Time:** 6:30 PM    **City:** Scottsdale  
**Topic:** Big Book **Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Betty C (360) 202-5679;  
Betty.childs@comcast.net  
**ASDI Rep/Mtg #:** Yvonne/89680

 **Virtual**

**Time:** 1:45 PM    **City:** Sun City West  
**Topic:** OA 12 + 12 2nd Edition  
**Zoom ID:** 873 5909 7229  
**Password:** oaunity  
**Contact:** Pat N (623) 826-1901;  
patrobnot@cox.net  
**ASDI Rep/Mtg #:** Diana R/89863

 **Face to Face**

**Time:** 6:00 PM    **City:** Buckeye  
**Topic:** Podcast - Speaker (Newcomer  
Friendly)  
**Location:** 21241 W Wilshire Dr  
**Contact:** Laurie Y (818) 414-8841;  
Lyank08@att.net  
**ASDI Rep/Mtg #:** Laurie/58081

## Wednesday

 **Virtual & Phone**

**Time:** 7:00 AM    **City:** Phoenix  
**Topic:** 90 Day **Zoom ID:** 398 884 6841  
**Password:** 5T9f1C  
**Phone:** (346) 248-7799  
**Meeting ID:** 398 884 6841#  
**Pin:** 875421#  
**Contact:** Chris H (602) 573-6804;  
ched12345@aol.com  
**ASDI Rep/Mtg #:** TBD/800623

 **Face to Face**

**Time:** 10:30 AM    **City:** Avondale  
**Topic:** Varies  
**Location:** West Valley Fellowship  
919 N Dysart Rd  
**Contact:** Jeri (805) 714-3742,  
Jeriinrecovery@gmail.com  
**ASDI Rep/Mtg #:** Jeri/57564

**👤 Face to Face**

**Time:** 12:00 PM    **City:** Phoenix  
**Topic:** Literature Study  
**Location:** **Emmanuel Presbyterian Church – Zehr Youth Bldg**  
**3839 E Shea Blvd**  
**Contact:** Gail (240) 893-3588;  
Hallga01@gmail.com  
**ASDI Rep/Mtg #:** BJ/35600

**💻 Virtual**

**Time:** 6:30 PM    **City:** Scottsdale  
**Topic:** Big Book  
**ZOOM ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Nancy J (630) 440-1945;  
naejoerg@gmail.com  
**ASDI Rep/Mtg #:** Yvonne/89681

**👤 Face to Face**

**Time:** 5:45 PM    **City:** Scottsdale  
**Topic:** Big Book  
**Location:** N Scottsdale Fellowship  
10427 N Scottsdale Rd, Room 2  
**Contact:** Kim F (602) 684- 9941;  
kimberlieann@cox.net  
**ASDI Rep/Mtg #:** Russ /47271

**💻 Virtual**

**Time:** 6:00 PM    **City:** Chandler  
**Topic:** Varies  
**Zoom ID:** 332 364 608  
**Password:** Call for password  
**Contact:** Debbie (480) 313-6142;  
debbie\_d52@hotmail.com  
**ASDI Rep/Mtg #:** TBD/800803

## Thursday

**💻 Virtual**

**Time:** 6:30 AM    **City:** Phoenix  
**Topic:** Just for Today  
**Zoom ID:** 948 8457 7798  
**Password:** 425921  
**Contact:** Beth Y (619) 772-1367;  
bethyakel2@gmail.com  
**ASDI Rep/Mtg #:** Gene B/800840

**👤 Face to Face**

**Time:** 10:00 AM    **City:** Sedona  
**Topic:** Step Study  
**Location:** Sedona Unity Church  
100 Northview Ave  
**Contact:** Michelle J; (928) 301-2986  
marykuder@gmail.com  
**ASDI Rep/Mtg #:** Eileen J/53862

**👤 Face to Face**

**Time:** 3:00 PM    **City:** Scottsdale  
**Topic:** Newcomer  
**Location:** Osborn Health and Rehab  
3333 N Civic Center Plaza  
**Contact:** Jill (520) 612-8444  
**ASDI Rep/Mtg#:** TBD/802001

**👤 Face to Face**

**Time:** 5:30 PM    **City:** Mesa  
**Topic:** Varies  
**Location:** Love of Christ Church, 1525 N  
Power Rd, Rm 12 (SE Corner of church)  
**Contact:** Deanne (480) 313-2578;  
**ASDI Rep/Mtg #:** Gunnar W/47175

**👤 Face to Face**

**Time:** 6:00 PM    **City:** Sun City  
**Topic:** Varies  
**Location:** Unity Spiritual Center,  
10101 W Coggins Dr  
**Contact:** Jessie (760) 885-2658  
**ASDI Rep/Mtg #:** Sarah N/54551

**💻 Virtual**

**Time:** 6:30 PM    **City:** Scottsdale  
**Topic:** Big Book  
**Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Bonnie P (781) 158-1678  
bonnie@magicalheaddress.com  
**ASDI Rep/Mtg #:** Bonnie P/89682

**👤 Face to Face**

**Time:** 7:00 PM    **City:** Kingman  
**Topic:** 12+12 Big Book  
**Location:** Kingman Medical Center,  
Ocotillo Room  
**Contact:** Geri P (702) 378-7197;  
pawpackage@aol.com  
**ASDI Rep/Mtg #:** TBD/57467

## Friday

**💻 / 📞 Virtual & Phone**

**Time:** 7:00 AM    **City:** Glendale  
**Topic:** 90 Day  
**Zoom ID:** 886 7100 8856  
**Password:** 991102  
**Phone:** (669) 900-9128  
**Meeting ID:** 88671008856#  
**Pin:** 991102#  
**Contact:** Karen F (602) 690- 8440;  
kmfranklin@cox.net  
**ASDI Rep/Mtg #:** TBD/800713

**👤 Face to Face**

**Time:** 10:00 AM    **City:** Prescott  
**Topic:** Varies  
**Location:** Trinity Presbyterian Church  
630 Park Ave  
**Contact:** Rick P (928) 772-0268;  
rbpond107@gmail.com  
**ASDI Rep/Mtg #:** TBD/58316

 **Hybrid**

**Time:** 10:00 AM    **City:** Phoenix  
**Topic:** AA Big Book/ Speaker (4th Fri.)  
**Location:** **Freedom Hall**  
**2720 E Thomas Rd (C-160)**  
**Zoom ID:** 865 3844 3924  
**Password:** oaunity  
**Contact:** Karen S  
[kjdotell@yahoo.com](mailto:kjdotell@yahoo.com)  
**ASDI Rep/Mtg #:** TBD/25835

 **Virtual**

**Time:** 6:30 PM    **City:** Scottsdale  
**Topic:** Leader's choice (varies)  
**Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Cathy M (478) 279-3808;  
[ccmorris3131@gmail.com](mailto:ccmorris3131@gmail.com)  
**ASDI Rep/Mtg #:** Yvonne/800306

## Saturday

 **Virtual (Recorded Speaker)**

**Time:** 8:30 AM    **City:** Scottsdale  
**Topic:** Big Book - Harlen G.  
**Zoom ID:** 853 3089 5657  
**Password:** 164758  
**Contact:** Cathy M (478) 279-3808;  
[ccmorris3131@gmail.com](mailto:ccmorris3131@gmail.com)  
**ASDI Rep/Mtg #:** Bonnie P/88992

 **Hybrid**

**Time:** 8:30 AM    **City:** Mesa  
**Topic:** Literature Study  
**Location:** St. Matthew's Church  
2540 W Baseline Rd  
**Zoom ID:** 896 0108 3132  
**Password:** OAforever  
**Contact:** Debbie (480) 313-6142;  
[Debbie\\_d52@hotmail.com](mailto:Debbie_d52@hotmail.com)  
**ASDI Rep/Mtg #:** Allison C/19597

 **Face to Face**

**Time:** 8:00 AM    **City:** Casa Grande  
**Topic:** Steps/ Traditions  
**Location:** Presbyterian Church  
702 E Cottonwood Ln #9  
**Contact:** Jan C (303) 810-6559;  
[janetcchavez@icloud.com](mailto:janetcchavez@icloud.com)  
**ASDI Rep/Mtg #:** Keith A/47447

 **Virtual & Phone**

**Time:** 8:00 AM    **City:** Chandler  
**Topic:** 90 Day  
**Zoom ID:** 822 0820 3545  
**Password:** Please call  
**Phone:** (356) 248-7799, press #  
**Contact:** Rebecca (480) 318-0299;  
[rebecca3w.rw@gmail.com](mailto:rebecca3w.rw@gmail.com)  
**ASDI Rep/Mtg #:** Rebecca/51442

**👤 Face to Face**

**Time:** 9:00 AM    **City:** Scottsdale  
**Topic:** Steps/Traditions  
**Location:** N Scottsdale Fellowship Club  
10427 N Scottsdale Rd, Room 2  
**Contact:** Angela (503) 734-9035;  
confidence18@gmail.com  
**ASDI Rep/Mtg #:** Greg/34077

**👤 Face to Face**

**Time:** 10:30 AM    **City:** Phoenix  
**Topic:** Newcomers (30 minutes)  
**Location:** **Emmanuel Presbyterian  
Church – Zehr Youth Bldg  
3839 E Shea Blvd**  
**Contact:** Amanda L (602) 689-4933  
**ASDI Rep/Mtg #:** TBD/54839

**💻 Virtual**

**Time:** 9:15 AM    **City:** Tempe  
**Topic:** Writing, Literature  
**Zoom ID:** 854 0818 5268  
**Password:** oaunity  
**Contact:** Betsy (623) 203-9066  
**ASDI Rep/Mtg #:** Jen M/21510

**💻 Hybrid**

**Time:** 11:00 AM    **City:** Phoenix  
**Topic:** Topic  
**Location:** **Emmanuel Presbyterian  
Church – Zehr Youth Bldg  
3839 E Shea Blvd**  
**Zoom ID:** **896 1076 4699**  
**Password:** oaunity  
**Contact:** Amanda L (602) 689-4933  
**ASDI Rep/Mtg #:** TBD/32166