

Overeaters Anonymous Meeting List

Arizona Serenity in the Desert Intergroup (ASDI) #09601

OA ASDI Website: oaphoenix.org

OA ASDI Phone: (602) 234-1195

* **OA PHOENIX OFFICE CLOSED:** As of 2/27/2026, the OA Phoenix office at 1219 E. Glendale Ave #23, Phoenix, AZ 85020 closed. The new locations for the meetings that were previously held at the OA office are shown in red text.

TO MAKE CHANGES to the OA ASDI meeting list, contact Melissa S: strange.kubu@gmail.com or (480) 677-0072. **Note:** Updates to the calendar occur monthly and the cutoff date for requesting changes is the 15th of the month. Each OA meeting takes RESPONSIBILITY for updating the OA World Service meeting list, which can be done on the OA website (www.oa.org).

Meetings are open to all and newcomers are always welcome.

Sunday

Virtual

Time: 8:30 AM **City:** Phoenix
Topic: Speaker
Zoom ID: 846 0339 8296
Password: oaunity
Contact: Steve D (602) 390-3505;
Stevedrotman@gmail.com
ASDI Rep/Mtg #: Dottie D/46260

Virtual

Time: 6:30 PM (MT) **City:** Scottsdale
Topic: Big Book
Zoom ID: 853 3089 5657
Password: 164758
Contact: Bonnie P (781) 158-1678;
bonnie@magicalheaddress.com
ASDI Rep/Mtg #: Bonnie P/89679

Hybrid

Time: 10:30 AM **City:** Phoenix
Topic: Big Book
Location: **Freedom Hall**
2720 E Thomas Rd (C-160)
Zoom ID: 826 9282 6533
Password: oaunity
Contact: Laurie (818) 414-8841;
Lyank08@att.net
ASDI Rep/Mtg #: George Y/32418

Face to Face

Time: 6:00 PM **City:** Sun City
Topic: 90 Day
Location: Gardens of Sun City Asst.
Living, 17225 N Boswell Blvd
Contact: Sue S (623) 204-7076;
sophia081013@gmail.com
ASDI Rep/Mtg #: TBD/802022

 **Hybrid**

Time: 2:00 PM **City:** Phoenix

Topic: Big Book (Speaker - Last Sunday of month)

Location: Emmanuel Presbyterian Church – Zehr Youth Bldg, 3839 E Shea Blvd

Zoom: 889 3928 6388

Password: oaunity

Contact: Rosie (602) 369-8444; rosie.oldham64@gmail.com

ASDI Rep: TBD, **Mtg #:** TBD

Monday

 **Virtual**

Time: 6:30 AM **City:** Apache Junction

Topic: Step Meeting Step of the Month

Zoom ID: 840 3193 6253

Password: oaunity

Contact: Peter (602) 750-2055;

prjohnsonaz@yahoo.com

ASDI Rep/Mtg #: Joan F/52640

 **Face to Face**

Time: 11:00 AM **City:** Cottonwood

Topic: Literature

Location: Mountain View United Methodist Church

901 S 12th St

Contact: Michelle (928) 301- 2986;

kjdotell@yahoo.com

ASDI Rep/Mtg #: TBD/57925

 **Face to Face**

Time: 12:00 PM **City:** Phoenix

Topic: OA 3rd Ed.

Location: **Emmanuel Presbyterian Church – Zehr Youth Bldg
3839 E Shea Blvd**

Contact: Pat J (602) 923-8310;

Sprjzz3137@q.com

ASDI Rep/Mtg #: Pat J/36580

 **Virtual & Phone**

Time: 5:30 PM **City:** Chandler

Topic: 90 Day **Zoom ID:** 889 1062 0489

Passcode: Please call for passcode

Phone: (346) 248-7799

Meeting ID: 88592044388#

Contact: Rebecca (480) 318-0299;

rebecca3w.rw@gmail.com

ASDI Rep/Mtg #: Jackie W/50401

 **Virtual**

Time: 6:30 PM (MT) **City:** Scottsdale

Topic: Big Book

Zoom ID: 853 3089 5657

Password: 164758

Contact: Nancy J (630) 440-1945;

naejoerg@gmail.com

ASDI Rep/Mtg #: Bonnie P/89679

 **Virtual**

Time: 6:00 PM **City:** Phoenix

Topic: Men's Meeting Topic

Zoom ID: 892 9630 5635

Password: oaunity

Contact: Bob R (510) 825-6959;

Brosa98@comcast.net

ASDI Rep/Mtg #: TBD/53580

Tuesday

Virtual

Time: 6:30 AM **City:** Phoenix
Topic: Just for Today/ Other literature
Zoom: 999 5682 5952
Password: 094662
Contact: Gail H (240) 893-3588;
hallga01@gmail.com
ASDI Rep/Mtg #: Gene B/800839

Face to Face

Time: 10:00 AM **City:** Phoenix
Topic: OA 12 & 12
Location: **Emmanuel Presbyterian Church – Zehr Youth Bldg**
3839 E Shea Blvd
Contact: Sue G (602) 363-0021;
suegonzales@cox.net
ASDI Rep/Mtg #: TBD/36599

Phone

Time: 10:15 AM **City:** Gilbert/Show Low
Topic: Steps/ Traditions
Phone: (717) 908-1981
Access Code: 435030#
Contact: Kay B (480) 247-0857;
Kaybee1502@hotmail.com
ASDI Rep/Mtg #: Kay B/55658

Face to Face

Time: 11:00 AM **City:** Globe
Topic: Varies
Location: St. John's Episcopal Church
Contact: Dee H (602) 402-6566;
huntsglobe@icloud.com
ASDI Rep/Mtg #: Dee/36822

Face to Face

Time: 9:45 AM **City:** Phoenix
Topic: Newcomers Big Book
Location: **Emmanuel Presbyterian Church – Zehr Youth Bldg**
3839 E Shea Blvd
Contact: Sue G (602) 363-0021;
suegonzales@cox.net
ASDI Rep/Mtg #: -/-

Face to Face

Time: 10:00 AM **City:** Gilbert
Topic: OA Steps & Traditions
Location: Center Church, 1280 N
Cooper
Contact: Lela (480) 586-7885;
l.belnap@cox.net
ASDI Rep/Mtg #: TBD/48879

Virtual

Time: 10:30 AM **City:** Ahwatukee
Topic: Literature Study
Zoom ID: 921 2256 8710
Password: 049140
Contact: Cathy (303) 396-9190;
CathyHolley@comcast.net
ASDI Rep/Mtg #: Amina/89055

Virtual

Time: 12:00 PM **City:** Prescott
Topic: Varies
Zoom ID: 928 533 1234
Password: Oarecovery
Contact: Jan M (928) 710-0255;
minklerjan@gmail.com
ASDI Rep/Mtg #: Jan M/800741

 **Face to Face**

Time: 12:00 PM **City:** Prescott Valley
Topic: Varies
Location: Trinity Lutheran Church
3950 N Valorie Dr
Contact: Rick (928) 772-0268;
rbpond107@gmail.com
ASDI Rep/Mtg #: TBD/57944

 **Hybrid**

Time: 5:30 PM **City:** Phoenix
Topic: 90 Day
Location: Sunrise United Methodist
19234 N 7th Ave, Fellowship Hall
Phone: 1-681-999-0228
Pin: 374341#
Contact: Chris H (602) 573-6804;
ched12345@aol.com
ASDI Rep/Mtg #: TBD/56511

 **Virtual**

Time: 6:30 PM (MT) **City:** Scottsdale
Topic: Big Book **Zoom ID:** 853 3089 5657
Password: 164758
Contact: Betty C (360) 202-5679;
Betty.childs@comcast.net
ASDI Rep/Mtg #: Yvonne/89680

 **Virtual**

Time: 1:45 PM **City:** Sun City West
Topic: OA 12 + 12 2nd Edition
Zoom ID: 873 5909 7229
Password: oaunity
Contact: Pat N (623) 826-1901;
patrobnnot@cox.net
ASDI Rep/Mtg #: Diana R/89863

 **Face to Face**

Time: 6:00 PM **City:** Buckeye
Topic: Podcast - Speaker (Newcomer
Friendly)
Location: 21241 W Wilshire Dr
Contact: Laurie Y (818) 414-8841;
Lyank08@att.net
ASDI Rep/Mtg #: Laurie/58081

Wednesday

 **Virtual & Phone**

Time: 7:00 AM **City:** Phoenix
Topic: 90 Day **Zoom ID:** 398 884 6841
Password: 5T9f1C
Phone: (346) 248-7799
Meeting ID: 398 884 6841#
Pin: 875421#
Contact: Chris H (602) 573-6804;
ched12345@aol.com
ASDI Rep/Mtg #: TBD/800623

 **Face to Face**

Time: 10:30 AM **City:** Avondale
Topic: Varies
Location: West Valley Fellowship
919 N Dysart Rd
Contact: Jeri (805) 714-3742,
Jeriinrecovery@gmail.com
ASDI Rep/Mtg #: Jeri/57564

👤 Face to Face

Time: 12:00 PM **City:** Phoenix
Topic: Literature Study
Location: **Emmanuel Presbyterian Church – Zehr Youth Bldg**
3839 E Shea Blvd
Contact: Gail (240) 893-3588;
Hallga01@gmail.com
ASDI Rep/Mtg #: BJ/35600

🖥 Virtual

Time: 6:30 PM (MT) **City:** Scottsdale
Topic: Big Book
ZOOM ID: 853 3089 5657
Password: 164758
Contact: Nancy J (630) 440-1945;
naejoerg@gmail.com
ASDI Rep/Mtg #: Yvonne/89681

👤 Face to Face

Time: 5:45 PM **City:** Scottsdale
Topic: Big Book
Location: N Scottsdale Fellowship
10427 N Scottsdale Rd, Room 2
Contact: Kim F (602) 684- 9941;
kimberlieann@cox.net
ASDI Rep/Mtg #: Russ /47271

🖥 Virtual

Time: 6:00 PM **City:** Chandler
Topic: Varies
Zoom ID: 332 364 608
Password: Call for password
Contact: Debbie (480) 313-6142;
debbie_d52@hotmail.com
ASDI Rep/Mtg #: TBD/800803

Thursday

🖥 Virtual

Time: 6:30 AM **City:** Phoenix
Topic: Just for Today
Zoom: 999 5682 5952
Password: 094662
Contact: Beth Y (619) 772-1367;
bethyakel2@gmail.com
ASDI Rep/Mtg #: Gene B/800840

👤 Face to Face

Time: 10:00 AM **City:** Sedona
Topic: Step Study
Location: Sedona Unity Church
100 Northview Ave
Contact: Michelle J; (928) 301-2986
marykuder@gmail.com
ASDI Rep/Mtg #: Eileen J/53862

👤 Face to Face

Time: 3:00 PM **City:** Scottsdale
Topic: Newcomer
Location: Osborn Health and Rehab
3333 N Civic Center Plaza
Contact: Jill (520) 612-8444
ASDI Rep/Mtg#: TBD/802001

👤 Face to Face

Time: 5:30 PM **City:** Mesa
Topic: Varies
Location: Love of Christ Church, 1525 N
Power Rd, Rm 12 (SE Corner of church)
Contact: Deanne (480) 313-2578;
ASDI Rep/Mtg #: Gunnar W/47175

👤 Face to Face

Time: 6:00 PM **City:** Sun City
Topic: Varies
Location: Unity Spiritual Center,
10101 W Coggins Dr
Contact: Jessie (760) 885-2658
ASDI Rep/Mtg #: TBD/54551

💻 Virtual

Time: 6:30 PM (MT) **City:** Scottsdale
Topic: Big Book
Zoom ID: 853 3089 5657
Password: 164758
Contact: Bonnie P (781) 158-1678
bonnie@magicalheaddress.com
ASDI Rep/Mtg #: Bonnie P/89682

👤 Face to Face

Time: 7:00 PM **City:** Kingman
Topic: 12+12 Big Book
Location: Kingman Medical Center,
Ocotillo Room
Contact: Geri P (702) 378-7197;
pawpackage@aol.com
ASDI Rep/Mtg #: TBD/57467

Friday

💻 / 📞 Virtual & Phone

Time: 7:00 AM **City:** Glendale
Topic: 90 Day
Zoom ID: 886 7100 8856
Password: 991102
Phone: (669) 900-9128
Meeting ID: 88671008856#
Pin: 991102#
Contact: Karen F (602) 690- 8440;
kmfranklin@cox.net
ASDI Rep/Mtg #: TBD/800713

👤 Face to Face

Time: 10:00 AM **City:** Prescott
Topic: Varies
Location: Trinity Presbyterian Church
630 Park Ave
Contact: Rick P (928) 772-0268;
rbpond107@gmail.com
ASDI Rep/Mtg #: TBD/58316

 **Hybrid**

Time: 10:00 AM **City:** Phoenix
Topic: AA Big Book/ Speaker (4th Fri.)
Location: **Freedom Hall**
2720 E Thomas Rd (C-160)
Zoom ID: 865 3844 3924
Password: oaunity
Contact: Karen S
kjdotell@yahoo.com
ASDI Rep/Mtg #: TBD/25835

 **Virtual**

Time: 6:30 PM (MT) **City:** Scottsdale
Topic: Leader's choice (varies)
Zoom ID: 853 3089 5657
Password: 164758
Contact: Cathy M (478) 279-3808;
ccmorris3131@gmail.com
ASDI Rep/Mtg #: Yvonne/800306

Saturday

 **Virtual (Recorded Speaker)**

Time: 8:30 AM (MT) **City:** Scottsdale
Topic: Big Book - Harlen G.
Zoom ID: 853 3089 5657
Password: 164758
Contact: Cathy M (478) 279-3808;
ccmorris3131@gmail.com
ASDI Rep/Mtg #: Bonnie P/88992

 **Face to Face**

Time: 8:00 AM **City:** Casa Grande
Topic: Steps/ Traditions
Location: Presbyterian Church
702 E Cottonwood Ln #9
Contact: Karen (520) 431-1148
ASDI Rep/Mtg #: Keith A/47447

 **Hybrid**

Time: 8:30 AM **City:** Mesa
Topic: Literature Study
Location: St. Matthew's Church
2540 W Baseline Rd
Zoom ID: 896 0108 3132
Password: OAforever
Contact: Debbie (480) 313-6142;
Debbie_d52@hotmail.com
ASDI Rep/Mtg #: Allison C/19597

 **Virtual & Phone**

Time: 8:00 AM **City:** Chandler
Topic: 90 Day
Zoom ID: 822 0820 3545
Password: Please call
Phone: (356) 248-7799, press #
Contact: Rebecca (480) 318-0299;
rebecca3w.rw@gmail.com
ASDI Rep/Mtg #: Rebecca/51442

👤 Face to Face

Time: 9:00 AM **City:** Scottsdale
Topic: Steps/Traditions
Location: N Scottsdale Fellowship Club
10427 N Scottsdale Rd, Room 2
Contact: Angela (503) 734-9035;
confidence18@gmail.com
ASDI Rep/Mtg #: Greg/34077

👤 Face to Face

Time: 10:30 AM **City:** Phoenix
Topic: Newcomers (30 minutes)
Location: **Emmanuel Presbyterian
Church – Zehr Youth Bldg
3839 E Shea Blvd**
Contact: Amanda L (602) 689-4933
ASDI Rep/Mtg #: TBD/54839

💻 Virtual

Time: 9:15 AM **City:** Tempe
Topic: Writing, Literature
Zoom ID: 854 0818 5268
Password: oaunity
Contact: Betsy (623) 203-9066
ASDI Rep/Mtg #: Jen M/21510

💻 Hybrid

Time: 11:00 AM **City:** Phoenix
Topic: Topic
Location: **Emmanuel Presbyterian
Church – Zehr Youth Bldg
3839 E Shea Blvd**
Zoom ID: **896 1076 4699**
Password: oaunity
Contact: Amanda L (602) 689-4933
ASDI Rep/Mtg #: TBD/32166