

Been Slipping and Sliding?



Has your program been slowly going downhill, or has it reached an all-time low? Do not despair! There is hope and help for you today. OA has a reading and writing tool to help you get back on track. Click on the link below to get started...

<https://oa.org/app/uploads/2021/09/been-slipping-and-sliding-a-reading-and-writing-tool.pdf>



This message is from the Region 3 - Twelfth Step Within Committee (TSW), reaching out to those who still suffer and to address relapse.

Keep Coming Back, It Works **When** You Work It
And You're Worth It!

