



Northern Arizona University Map—Exit Interstate 40 to Interstate 17 to McConnell Drive. Turn Right into NAU campus parking in P-41. Registration will be in The Suites Bldg 75— Follow OA signs to parking lot by Bldg 75. You will be issued a parking pass which must be displayed in your vehicle at all times. Also, you will be provided a badge that must be worn on campus at all times for security purposes. DuBois Aspen classroom #64 is near our dorms and DuBois Dining is # 63.

SPACE IS LIMITED!
Reserve Your Spot by Pre-Registering with a \$100.00 Deposit by June 2, 2023

If not registering online, mail check made out to ASDI to:
Attn: Bob Rosa
OA P. O. Box 47565
Phoenix, AZ 85068-75651
510-825-6959
Brosa98@comcast.net

- Accommodations**
- NAU Campus is handicap accessible.
 - Additional overnight stay available one day early and one day after event!
Meals are provided with the room stay.
 - Suites have one room with twin beds sharing one bath (Double Occupancy).
 - Suites have 2 rooms available - one twin bed in each with a shared bath (Single Occupancy).
 - Private room/private bath—call registrar (Bob R.) for pricing/availability.
 - All linens supplied.
 - Refrigerator and microwave in each room for your use.
 - Bring cash for 50/50 drawing and other fun raffle events—gift cards etc.
 - Consider bringing a cushion for seating in meeting room.
 - Bring warm clothing and comfortable shoes to walk this beautiful campus.
 - All vehicles on campus are required to have valid displayed parking pass provided at registration.
 - All tobacco or related products are prohibited on campus.



ASDI Invites you to our Annual Summer Retreat July 21, 22 and 23rd, 2023 at Northern Arizona University in beautiful Flagstaff Arizona.



The Suites Residence Hall
 Northern Arizona University
 Flagstaff, Arizona

REGISTER ONLINE www.oaphoenix.org or by Check to ASDI

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Female _____ Male _____

If handicapped or you have other needs, what are they? ROOMMATE? _____

ALL FINAL PAYMENTS DUE FRIDAY, JULY 14, 2023

\$ _____ Option 1: 2 nights + 5 meals Fri. Dinner-Sat Bkfst, Lunch, Dinner, Sun Bkfst - \$210.00 (double occupancy) due by Friday, July 14, 2023 (2 twins beds in 2 rooms —(4 people) sharing 1 bathroom).

\$ _____ Option 2: 2 nights + five meals Fri. Dinner-Sat Bkfst, Lunch, Dinner, Sun Bkfst - \$250.00 (Single Occupancy—2 rooms with 1 twin bed in each room with 2 people sharing bathroom). Due by Friday, July 14th, 2023.

\$ _____ Option 3: Commuter Rate—Includes 5 meals Fri. Dinner-Sat, Bkfst, Lunch, Dinner, Sun Bkfst and registration—\$100.00 (Due by Friday July 14, 2023).

\$ _____ EXTRA DAY ADD ON— 3 nights, Add Sunday night Fri, Sat, Sunday Night—\$115.00 - Includes 8 meals, Fri, Dinner, Sat, Bkfst, Lunch and Dinner, Sun, Bkfst, Lunch, Dinner, Monday, Bkfst

\$ _____ EXTRA DAY ADD ON—3 nights, Add Thursday night—Includes 8 meals, Thursday night Dinner, Fri. Bkfst, Lunch, Dinner, Sat, Bkfst, Lunch, Dinner, Sun Bkfst - Add \$115.00 for an additional night

\$ _____ EXTRA TWO DAY ADD ON: If you choose to stay Thurs and Sunday Night. - Add an additional \$230.00 to your registration. Includes Meals as listed on EXTRA DAY ADD ON.

\$ _____ Deposit of \$100.00 - NON REFUNDABLE for retreat—HOLDS SPOT Due Friday, June 2nd, 2023.

All Final Payments are due to Registrar By Friday July 14, 2023

Fees include parking passes and Linens which will be provided at Registration.

\$ _____ Optional Donation to ASDI for Retreat Scholarship Fund

\$ _____ TOTAL ENCLOSED (CHECK PAYABLE TO ASDI)
Or Online oaphoenix.org

Sleeping Preferences (circle those that apply)

CPAP Nite Owl Snores Early to Bed

RETREAT SCHEDULE

Friday, July 21, 2023

Dinner in Cafeteria 5:00 pm to 6:30 pm

3:00-7:00 pm	Check In - Residence Suites Hallway
7:00 -7:30 pm	Opening - Du Bois Aspen BC Room
7:30-9:00 pm	Speaker
9:00-9:30 pm	Sharing

Saturday, July 22, 2023

7:00-7:45 am	Group Meditation - Du Bois Aspen
8:00 am	Breakfast - DuBois Dining
9:00 am—10:15 am	Speaker - DuBois Aspen
10:15 am- 10:30 am	Break 15 minutes
10:30 am-11:30 am	Speaker
11:30-12:00 pm	Open Sharing
12:00 pm	Lunch Dining Hall
1:30-2:45 pm	HP Activity/Sharing
2:45-3:45 pm	HP Activity/Sharing
3:45-4:00 pm	Raffle Fun
4:00—5:00 pm	Men's Meeting (Speaker Meeting)
4:00-5:00 pm	Open OA Meeting (Speaker Meeting)
5:00-6:00 pm	Free Time (Meet, Write, Walk, Talk, Rest)
6:00 pm	Dinner Dining Hall
7:00-7:30 pm	Raffle Giveaway Fun
7:30-8:30 pm	Speaker/ Sharing
8:30-9:30 pm	Candlelight Meeting

Sunday, July 23, 2023

7:00-7:45 am	Group Meditation
8:00 am	Breakfast Dining Hall—Dubois
9:00 -10:15 am	Speaker - Dubois Aspen
10:15-11:00 am	Sharing/ Wrap Up/ Re-entry
11:00 am-11:30 am	Check Out

Schedule Subject to Minor Changes

Greetings from your
ASDI Annual
Summer Retreat
Committee!



We are excited about
our beautiful NAU
venue in Flagstaff,
Arizona!

NAU has graciously
allowed us to utilize Residence Hall “The
Suites” one day before and one day after the
retreat. Please see the registration form for
pricing. This allows members to have some ad-
ditional time away from the Valley heat and
enjoy some of the great areas surrounding
Flagstaff at a very reasonable price!

The committee will be sending an email with
maps, additional areas of interest in Flagstaff,
an updated schedule and further information
about the retreat one week in advance of re-
treat date by July 16th, 2023.

If you have any questions, please do not
hesitate to contact the Retreat Chair,
Rosie O. Phone 602-369-8444
Email: rosie.oldham64@gmail.com
We look forward to seeing you there!

Important Tips!

1. Complete - mail registration form on the left or REGISTER ONLINE— www.oaphoenix.org
2. Keep a copy for your records
If you mail in your registration send your check (PAYABLE TO ASDI) to Attn: Bob Rosa, OA, P. O. Box 47565 Phoenix, AZ 85068-75651
4. \$100.00 initial deposit is NON-REFUNDABLE -
5. Final payment due on July 14, 2023 . All payments due July 14th, 2023 are non refundable due to contract but can be transferred.
6. Call Bob R., Registrar—510-825-6959 located in AZ. For questions about payments. brosa98@comcast.net